

# HAVE YOU NOTICED WEIGHT LOSS WHILE TAKING DIGESTIVE+++?







#### A STUDY REPORTED IN A 2006 ISSUE OF

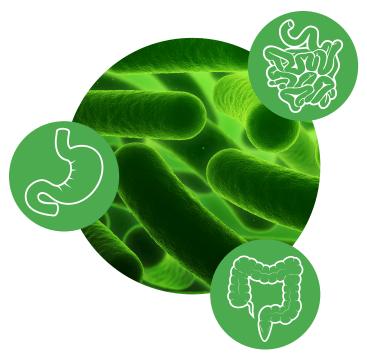
#### NATURE MEDICINE

- Bacteria could make us fat (obese mice had different gut bacteria from slim mice)
- Indication that a certain type of bacteria in the gut caused obesity

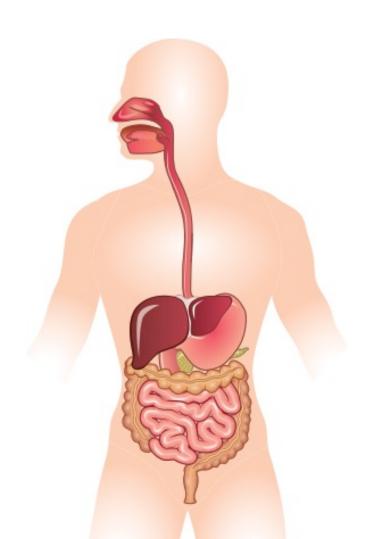


### **SCIENTISTS NOTE:**

- Administering prebiotics and probiotics (beneficial microbes) could reduce intestinal low grade inflammation and improve gut barrier integrity
- Prebiotics and probiotics can help ameliorate metabolic imbalance
- Gut microbes appear to affect energy absorption, gut motility, appetite, glucose and lipid metabolism







#### DEFINITION OF PREBIOTIC

- Must be proven to bypass digestion and reach the colon intact
- Must stimulate growth of the types of bacteria that improve health
- Must stimulate good bacteria, which may support weight management and metabolism





## DIGESTIVE+++ CONTAINS TRUE PREBIOTICS IN THE FORM OF:

Plant components that help nourish and raise the number of beneficial flora in the gut



Fructooligosaccharides



Jerusalem artichoke



Dandelion leaves



Yacon Root



#### MICROBES USED AS PROBIOTICS IN MOST SUPPLEMENTS

#### ARE VERY FRAGILE

- Only a small percentage of microbes are still viable at the end of their shelf life
- Many microbes in dietary supplements need to be freeze dried and specially processed to keep them viable during handling and storage
- Typical over-the-counter supplements contain probiotics that are "dead" (not active) and not useful in the intestines





# DIGESTIVE\*\*\* CONTAINS ACTIVE MICROBES



- Active means alive and therefore works in the intestines.
- Bacillus coagulans is different from other lactic acid producing microbes
  - + Stable at room temperature
  - + Remains viable during handling and the duration of their shelf life
  - + Reproduces by forming little capsules called spores, which have strong-cell-wall type structure that enables the good bacteria to survive digestion and reach the intestinal tract



## DIGESTIVE+++ ALSO CONTAINS A FULL RANGE OF BASIC ENZYMES THAT

Promote complete digestion and help break down nutrients from foods such as:



This blend of enzymes is formulated to function at the pH ranges throughout GI tract



### **NEW STUDIES SHOW**

#### BENEFICIAL MICROBES DO MORE THAN SUPPORT PROPER DIGESTION



They may help in weight management and proper metabolism



#### WEIGHT LOSS TIPS

- Take DIGESTIVE+++ for proper digestion.
- Keep calories low by eating lean proteins and less starch.
- Cut down on animal fats. Replace with healthy fats (nuts, avocados and seeds).
- Eat lots of fresh vegetables.
- Eat beans often in different ways (soup or salads). They're full of fiber and good for you.
- Exercise: choose whatever you like and do it consistently.

